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## Where Does The Road Go?

Often we bounce through life and sometimes we wonder, where does the road go? We may face moments where it is uncertain. There may be times when it feels like we're driving through the fog. Other times, we may know without a doubt where the road goes.

In my own life, I sometimes hit those moments where I'm just not sure what lies ahead. I'm not opposed to these moments, but sometimes they can increase fear and anxiety with moments of not knowing.

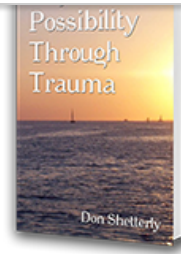
I've found it helpful to turn inward to my internal GPS and see what I can discover. Most of the time, there is more information within me than I realize. Sometimes that info leads me to see things that I do not see as I travel.

Another thing I do is look for road signs that I recognize and landmarks that seem familiar. They help guide me and navigate through the moments that seem foggy or uncertain.

Sometimes we just have no idea where the road goes, but if we take a chance and continue our travels, we most likely will discover a place we did not know existed. It may seem frightening at times, but we will not know unless we keep going.

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